



FINAL EXAMINATION
MARCH 2024

COURSE TITLE	FUNDAMENTAL OF PSYCHOLOGY
COURSE CODE	EPSY1113
DATE/DAY	19 JUNE 2024 / WEDNESDAY
TIME/DURATION	02:00 PM - 04:00 PM / 02 Hour(s) 00 Minute(s)

INSTRUCTIONS TO CANDIDATES :

1. Please read the instruction under each section carefully.
2. Candidates are reminded not to bring into examination hall/room any form of written materials or electronic gadget except for stationery that is permitted by the Invigilator.
3. Students who are caught breaching the Examination Rules and Regulation will be charged with an academic dishonesty and if found guilty of the offence, the maximum penalty is expulsion from the University.

(This Question Paper consists of 3 Printed Pages including front page)

*****DO NOT OPEN THE QUESTION PAPER UNTIL YOU ARE TOLD TO DO SO*****

There are **THREE (3)** questions in this exam paper. Answer **ALL** questions in the answer booklet provided. **[50 MARKS]**

Terdapat TIGA (3) soalan di dalam kertas peperiksaan ini. Sila jawab SEMUA soalan dalam buku jawapan yang disediakan. **[50 MARKAH]**

QUESTION 1

(15 Marks)

Sleep study is one of the important areas for psychologists who study human consciousness.

- a) Describe **TWO (2)** important characteristics of **Rapid Eye Movement (REM)** stage of sleep. **(5 marks)**
- b) Explain **TWO (2)** sleep abnormalities. List **THREE (3)** appropriate strategies for **EACH** conditions to reduce the symptoms. **(10 marks)**

SOALAN 1

(15 Markah)

Kajian tidur adalah salah satu bidang penting bagi ahli psikologi yang mengkaji kesedaran manusia.

- a) *Huraikan DUA (2) ciri penting peringkat tidur Rapid Eye Movement (REM).* **(5 markah)**
- b) *Terangkan DUA (2) kelainan tidur. Senaraikan TIGA (3) strategi yang sesuai untuk SETIAP kelainan untuk mengurangkan gejala.* **(10 markah)**

QUESTION 2

(15 Marks)

The American Psychiatric Association defines mental disorder as a clinically significant disturbance in an individual's cognition, emotion regulation, and behaviour. However, there are some challenges in determining clinical significance of abnormal behaviour. Using the **biopsychosocial model**, abnormal behaviour can be examined through biological, psychological, and sociological aspects.

Explain all **THREE (3)** aspects of the biopsychosocial model on abnormal behaviour.

SOALAN 2

(15 Markah)

*Persatuan Psikiatri Amerika mentakrifkan gangguan mental sebagai gangguan yang ketara secara klinikal dalam kognitif, regulasi emosi, dan tingkah laku individu. Walau bagaimanapun, terdapat beberapa cabaran untuk menentukan signifikan klinikal bagi tingkah laku yang bilazim. Menggunakan **model biopsikososial**, tingkah laku abnormal boleh diperiksa melalui aspek biologi, psikologi, dan sosiologi.*

Terangkan kesemua TIGA (3) aspek dalam model biopsikososial mengenai tingkah laku abnormal.

QUESTION 3

(20 Marks)

Social psychology deals with all kinds of interactions between people. This subfield of psychology studies how human cognitive and behaviour relates to others around them. Social perception and cognition are the processes for learning about others and making inferences from that information.

- a) Describe your understanding about **Fundamental Attribution Error**. (5 marks)
- b) Compare and contrast between **Actor-observer Bias** and **Self-serving Bias**. (10 marks)
- c) Explain **TWO (2)** examples of **Just World Hypothesis**. (5 marks)

SOALAN 3

(20 Markah)

Bidang psikologi sosial membincangkan mengenai segala jenis interaksi di antara manusia. Sub-bidang psikologi ini mengkaji bagaimana kognitif dan tingkah laku manusia berkaitan dengan orang di sekeliling mereka. Persepsi sosial dan kognitif adalah proses untuk mempelajari tentang orang lain dan membuat kesimpulan daripada maklumat tersebut.

- a) Terangkan pemahaman anda tentang **Fundamental Attribution Error**. (5 markah)
- b) Bandingkan dan bezakan antara **Actor-observer Bias** dan **Self-serving Bias**. (10 markah)
- c) Terangkan **DUA (2)** contoh **Just World Hypothesis**. (5 markah)

*** END OF QUESTION PAPER ***