



FINAL EXAMINATION
MARCH 2024

COURSE TITLE	ETHICS IN HELPING PROFESSION
COURSE CODE	EPSY1714
DATE/DAY	20 JUNE 2024 / THURSDAY
TIME/DURATION	02:00 PM - 04:00 PM / 02 Hour(s) 00 Minute(s)

INSTRUCTIONS TO CANDIDATES :

1. Please read the instruction under each section carefully.
2. Candidates are reminded not to bring into examination hall/room any form of written materials or electronic gadget except for stationery that is permitted by the Invigilator.
3. Students who are caught breaching the Examination Rules and Regulation will be charged with an academic dishonesty and if found guilty of the offence, the maximum penalty is expulsion from the University.

(This Question Paper consists of 2 Printed Pages including front page)

*****DO NOT OPEN THE QUESTION PAPER UNTIL YOU ARE TOLD TO DO SO*****

There are **THREE (3)** questions in this exam paper. Answer **ALL** questions in the answer booklet provided. **[50 MARKS]**

QUESTION 1

(20 Marks)

The Case of Cynthia.

“Ling has recently set up a private practice in a culturally mixed, upscale neighborhood. Cynthia comes to Ling for counselling. She is depressed, feels that life has little meaning, and feels enslaved by the needs of her husband and small children. When Ling asks about any recent events that could be contributing to her depression, she tells him that she has discussed with her husband her desire to return to school and pursue a career of her choosing. She told her husband that she felt stifled and needed to pursue her own interests. Her husband’s response was to threaten a divorce if she followed through with her plans. Cynthia then consulted with her pastor, who pointed out her obligations to her family. Ling is aware of his own cultural biases, which include a strong commitment to family and to the role of the man as the head of the household. Although he shows empathy for Cynthia’s struggle, he directs her toward considering postponing her own aspirations until her children have grown up. She surrenders to his direction because she feels guilty about asserting her own needs, and she is also fearful of being left alone. Ling then works with her to find other ways to add meaning to her life that would not have such a radical impact on the family.”

Many therapeutic practices are biased against racial and ethnic minorities and women and often reflect racism, sexism, and other forms of prejudice. Answer the following questions based on the above case study.

- a) State **TWO (2)** evidence of bias or unethical behavior in Ling’s approach towards Cynthia? (10 marks)
- b) Explain **TWO (2)** potential gender and cultural issues in this case. How might you have addressed each of them? (10 marks)

QUESTION 2

(15 Marks)

One of the best ways to protect the rights of clients is to develop procedures to help them make informed choices.

Explain **THREE (3)** steps how a helping practitioner can assist clients in becoming informed partners?

QUESTION 3

(15 Marks)

Ethical concerns are often raised when practitioners blend their professional relationship with personal relationship with a client. These concerns can trigger boundary issues with the client.

State **THREE (3)** suggestions that a helping professional can take to prevent them from being entangled in a personal relationship with client.

*** END OF QUESTION PAPER ***