



FINAL EXAMINATION
NOVEMBER 2023

COURSE TITLE	INTRODUCTION TO PSYCHOLOGY
COURSE CODE	TSDV2113
DATE/DAY	18 FEBRUARY 2024 / SUNDAY
TIME/DURATION	09:00 AM - 11:00 AM / 02 Hour(s) 00 Minute(s)

INSTRUCTIONS TO CANDIDATES :

1. Please read the instruction under each section carefully.
2. Candidates are reminded not to bring into examination hall/room any form of written materials or electronic gadget except for stationery that is permitted by the Invigilator.
3. Students who are caught breaching the Examination Rules and Regulation will be charged with an academic dishonesty and if found guilty of the offence, the maximum penalty is expulsion from the University.

(This Question Paper consists of 2 Printed Pages including front page)

*****DO NOT OPEN THE QUESTION PAPER UNTIL YOU ARE TOLD TO DO SO*****

This question paper consists of **THREE (3)** questions. Answer **ALL** questions in the answer booklet provided. **[100 MARKS]**

QUESTION 1

(25 Marks)

Learning is a process of acquiring knowledge or skill through experience or pedagogical methods. Main theories of learning include Social Learning theory which is Bandura's Modelling and Imitation Theory.

- a) Discuss social learning theory. Provide **THREE (3)** situations or examples that can best reflect social learning theory application into learning. Illustrate **EACH** situation with relevant examples. (15 marks)
- b) Explain Bandura's Modelling and Imitation Theory. Provide **TWO (2)** examples to support your explanation. (10 marks)

QUESTION 2

(30 Marks)

Motivation is a process that determines the reinforcement value of an outcome. Abraham Maslow is one of the scholars introducing the theory and stages of motivation.

- a) Describe the **SIX (6)** stages of Maslow's Motivation Model. Illustrate the stages using graphics. (30 marks)

QUESTION 3

(45 Marks)

1 in 3 Malaysians have mental health issues, with highest prevalence among those aged 16 – 19 years as well as those from low-income families. This statistic was conducted by the National Health and Morbidity Survey, Minister of Health (2015).

- a) Describe what is mental health. (10 marks)
- b) Distinguish **TWO (2)** difference between physical health and mental health. (15 marks)
- c) Compare **FOUR (4)** types of mental disorder that you know and provide an example for each of them. (20 marks)

***** END OF QUESTION PAPER *****

This question paper consists of **THREE (3) questions**. Answer **ALL** questions in the answer booklet provided. **[100 MARKS]**

QUESTION 1

(30 Marks)

Human developmental domains refer to various aspects of an individual's growth and maturation throughout their lifespan.

- a) Explain **TWO (2)** main fundamental human developmental domains in developmental psychology. Justify **EACH** domain by providing a detailed and clear explanation supported with an example. (10 marks)
- b) Describe **FOUR (4)** stages of Erikson's Psychosocial Stages Theory. Infer **EACH** stage with relevant examples. (20 marks)

QUESTION 2

(30 Marks)

Motivation is a process that determines the reinforcement value of an outcome. Abraham Maslow is one of the scholars introducing the theory and stages of motivation.

- a) Describe the **SIX (6)** stages of Maslow's Motivation Model. Illustrate the stages using graphics. (30 marks)

QUESTION 3

(40 Marks)

Mental disorders can be defined as a clinically significant disturbance in an individual's cognition, emotion regulation, and behaviour while phobias are fears that interfere with normal living and can be learned through observation as well as through experiences.

- a) Describe **THREE (3)** examples of phobias. (15 marks)
- b) Discuss **ONE (1)** treatment for phobias that has been proven successful. (10 marks)
- c) Compare **THREE (3)** types of mental disorder that you know and provide an example for each of them. (15 marks)

***** END OF QUESTION PAPER *****