



FINAL EXAMINATION
MARCH 2024

COURSE TITLE	SPORTS AND RECREATION MANAGEMENT
COURSE CODE	RSPR1183
DATE/DAY	20 JUNE 2024 / THURSDAY
TIME/DURATION	09:00 AM - 11:00 AM / 02 Hour(s) 00 Minute(s)

INSTRUCTIONS TO CANDIDATES :

1. Please read the instruction under each section carefully.
2. Candidates are reminded not to bring into examination hall/room any form of written materials or electronic gadget except for stationery that is permitted by the Invigilator.
3. Students who are caught breaching the Examination Rules and Regulation will be charged with an academic dishonesty and if found guilty of the offence, the maximum penalty is expulsion from the University.

(This Question Paper consists of 7 Printed Pages including front page)

*****DO NOT OPEN THE QUESTION PAPER UNTIL YOU ARE TOLD TO DO SO*****

This question paper consists of TWO (2) sections. Answer ALL questions in the answer booklet provided. [60 MARK]

SECTION A

(25 Marks)

There are TWENTY-FIVE (25) questions in this section. Choose the CORRECT answer and write the answer in the answer booklet.

1. Who initiated the first concentrated park and recreation movement in the United States?
 - A. Frederick Law Olmstead
 - B. Marcus Agrippa
 - C. Charles Curtis
 - D. Hussein M.K

2. The newest trends in facility development include all EXCEPT _____.
 - A. Theme parks
 - B. Play centers
 - C. Botanical gardens
 - D. Skate parks

3. According to the concept of ecotourism, what is its main objective?
 - A. To exploit natural resources
 - B. To conserve the environment and support local well-being
 - C. To minimize cultural interactions
 - D. To focus solely on urban area

4. What was the primary function of parks during the Malacca Sultanate Era?
 - A. Recreation for the public
 - B. Agricultural experimentation
 - C. Status symbol for the aristocracy
 - D. Wildlife conservation

5. What is the main emphasis of Malaysia's park concept according to Vision 2020?
 - A. Technological advancement
 - B. Historical preservation
 - C. Social needs and interaction
 - D. Economic prosperity

6. What is the primary purpose of the Islamic Garden, according to Abu Bakar?
 - A. Recreation for the masses
 - B. Symbolizing paradise
 - C. Serving as a marketplace
 - D. Providing agricultural resources

7. According to Ceballos-Lascuráin (1987), what defines ecotourism?
- A. Traveling to urban areas
 - B. Studying ancient cultures
 - C. Enjoying natural scenery responsibly
 - D. Visiting theme parks
8. What is the purpose of the National Park Service (NPS) established in 1916?
- A. To promote tourism in national parks
 - B. To manage America's federal parklands under one agency
 - C. To conduct scientific research in national parks
 - D. To enforce environmental regulations in national parks
9. What is the definition of a park according to Frederick Law Olmstead?
- A. A place for commercial activities
 - B. A natural landscape devoid of human activity
 - C. A peaceful environment contrasting with urban turmoil
 - D. A sports complex for public use
10. Who responded to the advocacy for the protection of wilderness areas in the United States by creating the Yosemite Grant Act 1864?
- A. President Thomas Jefferson
 - B. President Abraham Lincoln
 - C. President Theodore Roosevelt
 - D. President Franklin D. Roosevelt
11. What is the primary aim of therapeutic recreation?
- A. To promote economic growth
 - B. To restrict participation in society
 - C. To facilitate desired behavior change
 - D. To limit access to recreational activities
12. What are some historical "products or outputs" of natural resource management?
- A. Parks and preserves
 - B. Timber and wood products
 - C. Tourism brochures
 - D. Agricultural crops

13. What is **NOT** a category of disability according to the Persons with Disabilities Act, 2008?
- A. Hearing disability
 - B. Learning disability
 - C. Social disability
 - D. Mental disability
14. What does the term "leisure" primarily signify?
- A. Time spent on obligatory tasks
 - B. Time free from work
 - C. Time dedicated solely to work-related activities
 - D. Time allocated for social obligations
15. What is **NOT** an outcome of organized recreation and park services?
- A. Promoting environmental degradation
 - B. Strengthening family life
 - C. Assisting disabled persons
 - D. Economic growth and stability
16. Which term best defines recreation?
- A. Obligatory activity
 - B. Voluntary activity during leisure
 - C. Mandatory work-related task
 - D. Compulsory social engagement
17. What is **NOT** mentioned as a constraint to leisure participation?
- A. Intervening constraints
 - B. Antecedent constraints
 - C. Economic constraints
 - D. Psychological constraints
18. What is **NOT** a desired outcome for the elderly in leisure activities?
- A. Spiritual satisfaction
 - B. Social isolation
 - C. Health protection and care
 - D. Suitable living arrangements

19. Which of the following is **NOT** cited as a dimension of ecotourism in recreation management?
- A. Environmentally educated
 - B. Sustainably managed
 - C. Culturally oblivious
 - D. Nature-based
20. Which Malaysian prime minister initiated the "Replanting Tree Campaign"?
- A. Tun Dr. Mahathir Mohamed
 - B. Abdullah Ahmad Badawi
 - C. Najib Razak
 - D. Ismail Sabri Yaakob
21. What was the primary motivation behind the establishment of New York Central Park?
- A. Economic profit
 - B. Aesthetic improvement
 - C. Public health and morale
 - D. Environmental conservation
22. What is **NOT** listed as a constraint to leisure participation for women?
- A. Lack of financial resources
 - B. Increased participation in the workforce
 - C. Structural barriers to participation
 - D. Abundance of leisure time
23. What is **NOT** included in the classification of recreation resources by Chubb and Chubb (1981)?
- A. Undeveloped Recreation Resources
 - B. Commercial Public Recreation Resources
 - C. Private Recreation Resources
 - D. Publicly Owned Recreation Resources
24. What was the first national park established in the United States?
- A. Grand Canyon National Park
 - B. Yosemite National Park
 - C. Yellowstone National Park
 - D. Great Smoky Mountains National Park

25. Which factor contributes to an increase in leisure time?

- A. Longer working hours
- B. Decreased holiday entitlement
- C. Retiring at an older age
- D. Reduced automation at home


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SECTION B

(35 Marks)

There are **FIVE (5)** questions in this section. Answer **ALL** questions in the answer booklet.

QUESTION 1

(4 Marks)

List **FOUR (4)** components of the Attitude Behavior Model in the context of outdoor adventure pursuits.

QUESTION 2

(4 Marks)

Evaluate the role of recreational opportunities in meeting the diverse needs and preferences of the elderly population by proposing **TWO (2)** initiatives to enhance the leisure experiences of older adults and promote active aging.

QUESTION 3

(6 Marks)

Examine **THREE (3)** challenges or barriers faced by women in accessing leisure opportunities and recreational participation

QUESTION 4

(9 Marks)

Discuss **THREE (3)** Outdoor Adventure Pursuits Mix and how do these factors influence participation in outdoor adventure activities?

QUESTION 5

(12 Marks)

Compare and contrast Experiential, Environmental, and Adventure Education Approaches. How do they complement each other in outdoor education programs, and what unique benefits does each approach offer?

***** END OF QUESTION PAPER *****