



FINAL EXAMINATION
MARCH 2024

COURSE TITLE	NUTRITION MANAGEMENT FOR INFANT AND YOUNG CHILDREN
COURSE CODE	EMGT1143
DATE/DAY	24 JUNE 2024 / MONDAY
TIME/DURATION	02:00 PM - 04:00 PM / 02 Hour(s) 00 Minute(s)

INSTRUCTIONS TO CANDIDATES :

1. Please read the instruction under each section carefully.
2. Candidates are reminded not to bring into examination hall/room any form of written materials or electronic gadget except for stationery that is permitted by the Invigilator.
3. Students who are caught breaching the Examination Rules and Regulation will be charged with an academic dishonesty and if found guilty of the offence, the maximum penalty is expulsion from the University.

(This Question Paper consists of 2 Printed Pages including front page)

DO NOT OPEN THE QUESTION PAPER UNTIL YOU ARE TOLD TO DO SO

This question paper consists of **THREE (3)** sections. Answer **ALL** questions in the answer booklet. **[50 MARKS]**

QUESTION 1 **(10 Marks)**

Breast-feeding is a nature's 'designer food'. The milk is specific to each individual baby. Breast milk is a complete food for the first months of life and no supplements are required

- a) Define the meaning of breast milk? (4 Marks)
- b) Explain **THREE (3)** benefits to the baby from breast-feeding. (6 Marks)

QUESTION 2 **(30 Marks)**

Eating is a sensory, emotional and social experience that provides nourishment essential for human life. It should be an enjoyable time when children begin to establish positive attitudes toward food and healthy dietary habits.

- a) Describe **FIVE (5)** criteria that must be addressed when planning menus for children (10 Marks)
- b) Explain the **FIVE (5)** planning menu for children with allergies (10 Marks)
- c) Draw and discuss each stage of the food pyramid for preschool children (10 Marks)

QUESTION 3 **(10 Marks)**

Izzat looked tired and was not happy when he arrived at the kindergarten. During mealtime he vomited and had a high temperature.

- a) As the teacher, describe **FIVE (5)** actions for the above situations. (10 Marks)

***** END OF QUESTION PAPER *****